



WHAT'S NEW AND EXCITING

- The first major revision since 1984
- First-ever companion website, including original content
- “Myth or Reality?” quizzes throughout the book
- Extended first-person stories from women of all ages and races
- More inclusive of the voices of younger women and immigrant women

THE BOOK'S NEW LOOK

- Almost all new photographs
- More compact size that makes it easier to carry and read
- Fresh, modern design
- A new, reader-friendly layout with lots of sidebars and bulleted points

NEW CHAPTERS

- Navigating the Health Care System
- Safer Sex
- Considering Parenting
- Gender Identity and Sexual Orientation

HOT TOPICS

- The debate over “female sexual dysfunction”
- Direct-to-consumer advertising by pharmaceutical companies
- Cosmetic surgery and breast implants
- Fad diets
- Microbicides, which stop sexually transmitted infections
- The menstrual suppression debate
- Breastfeeding
- Anti-depressants

WHAT MAKES OUR BOOK DIFFERENT

- Reflects the expertise of hundreds of health care professionals, lay activists, and ordinary women
- Independent of commercial pressures; organization does not take any money from pharmaceutical companies
- Based on the best, most up-to-date scientific evidence
- Has sold more than 4 million copies and has been translated into 18 languages; also available in Braille

ABOUT OUR BOOK AND ORGANIZATION

- 2005 marks the 35th anniversary.
- The 2005 edition is the 8th edition.
- Our nonprofit group provides information about women’s health, sexuality, and reproduction.
- Advisory board members include Susan Love, MD, and Gloria Steinem.
- Our Bodies Ourselves is also known as the Boston Women’s Health Book Collective.
- The organization is called Our Bodies Ourselves; the book’s title is *Our Bodies, Ourselves*.
- The book has never gone out of print.